

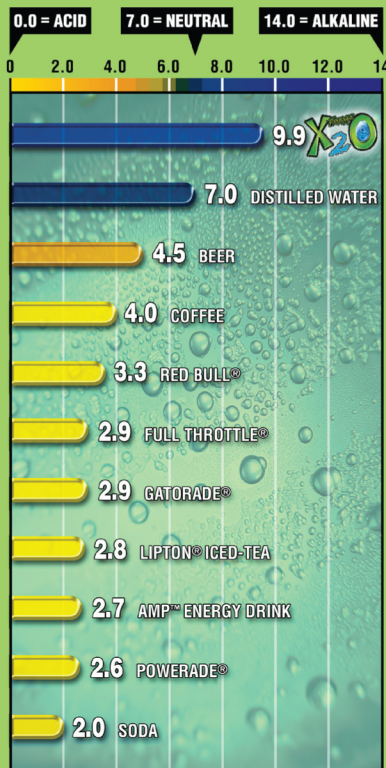
## Is Your Body Acidic?

The foundation of healthy pH balance is in drinking plenty of alkaline water. The easiest way to "supercharge" the alkalinity of your water is by drinking Xtreme X20™ every day!

Unfortunately, most of the foods and beverages we consume on a daily basis cause our bodies to become acidic. And the more acidic we are, the more likely we are to store fat and experience poor health. But, with just one sachet of X20, you can transform your water into a highly alkaline beverage that helps to neutralize acid in your body and trigger the release of excess fat and improve your overall health.

Some of the symptoms associated with acidic conditions in the body include: weight gain, insomnia, water retention, arthritis, migraine headaches, constipation, colds, flu, stomach, ulcers, acid reflux and even cancer. Many health experts agree that an overly acidic body greatly diminishes the effectiveness of your immune system and usually leads to disease.

Acidic conditions in the body are caused by: junk food, proteins, carbohydrates, fats, sodas, coffee, sports drinks, alcohol, environmental toxins and stress. Considering this long list of items that can lead to acidic challenges in your body, it becomes very clear why it is so important to drink an alkaline beverage like Xtreme X20™ on a daily basis.



### pH LEVELS

*"The cells of a healthy body are alkaline while the cells of a diseased body are acidic."*

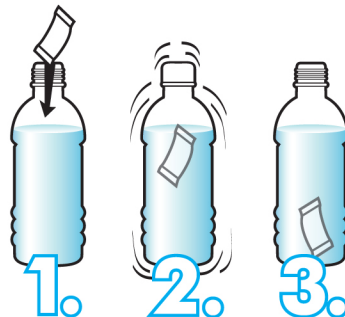
~ Dr. Arthur Guyton

(author of "Textbook of Medical Physiology")

## Transforming Your Water with Xtreme X20

It's as Easy as 1-2-3!

- Step 1:** Drop an X20 sachet in 18-24 ounces (750mL) of purified or bottled water.
- Step 2:** Shake for 10-15 seconds.
- Step 3:** Allow 5 minutes for X20 to transform your water, then ENJOY!



### INGREDIENTS:

Highly Active Calcium .....	947 mg
Magnesium .....	34 mg
Trace Minerals.....	14 mg
<i>(including Chromium, Sodium &amp; Potassium)</i>	
L-ascorbic acid .....	5 mg
Silver.....	Trace

**XOONA**  
WORLDWIDE

For More Information or to Order  
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# Transform Your Water... Transform Your Life!



# Is Your Body Running on Empty?

Hydrate:	Revitalize:
<p>X20 sachets actually make water “wetter” by lowering the surface tension of the water molecules. This dramatically improves your body’s hydration at the cellular level.</p> <p>Just a 1%-2% drop in body water can impair your mental focus, concentration and physical performance.</p> <p>Beverages that contain caffeine such as colas, coffee or tea actually stimulate fluid loss and promote dehydration.</p>	<p>X20 transforms your water into a powerful alkaline beverage.</p> <p>“Alkalinity” equals oxygen and oxygen equals good health.</p> <p>Disease and illness thrive in an acidic environment but can’t survive in an alkaline environment.</p> <p>To maintain healthy pH balance, your body must have an abundant supply of ionic minerals – especially calcium.</p>
Mineralize:	Metabolize:
<p>Every sachet of X20 contains calcium, magnesium and over 70 naturally occurring trace minerals. These essential minerals &amp; electrolytes become ionic in water allowing them to be absorbed quickly and easily by your body.</p> <p>Exercise and prolonged physical activity cause you to lose vital electrolytes, which are critical for nerve impulses and muscle contractions.</p> <p>Quickly replenishing lost electrolytes is essential for peak physical performance.</p>	<p>X20 supports an efficient metabolism through proper hydration, trace minerals and pH balance.</p> <p>Dehydration is a primary reason for daytime fatigue and can slow down your metabolism.</p> <p>An acidic body tends to store more fat and promote weight gain while an alkaline body tends to release and burn fat for energy.</p> <p>The body’s weight related functions – like appetite, hunger, metabolic rate operate more effectively when you have an optimum intake of minerals.</p>

## WHY Drinking Water is so Critical to Your Good Health

Your body is designed to be approximately 70% water. Your muscles, skin and vital organs all contain and need water for optimal health. Water also transports oxygen to your cells, delivers nutrients, removes waste and provides energy to the body.

## The FIRST STEP to effective weight loss...

If you’re like most people, you would love to lose some weight or excess body fat, but for whatever reason it hasn’t been that easy. Most people have tried one fad diet after another only to find that even if they lose some weight, their results don’t last very long.

So, what’s the secret? **WATER**. But not just any water. We’re talking about mineral rich, alkaline water that effectively hydrates your body. This all-natural, organic mineral complex is derived from a pristine ocean source found near the Okinawan Islands. Harvested in its natural form, we use a patented processing method to ensure the highest level of purity and safety before packaging this powerful product into individual, ready-to-use “sachets.” We call this revolutionary product, “Xtreme X20™.”

***“You can trace every sickness, every disease and every ailment to a mineral deficiency.”***

~ Dr. Linus Pauling  
(Two-time Nobel Prize Winner)

Statements contained in this brochure have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

## Transform Your Water – Transform Your Body

Xtreme X20™ supports fat loss in 3 ways...

**1. X20 helps to hydrate your body at the cellular level.** Think about it. You’ve probably never seen a weight loss system or diet program that didn’t recommend that you drink more water. Why? Because your body needs to be properly hydrated in order for you to be successful in your weight loss goals and maintain good health.

The problem is that most tap water and bottled water is not effective for optimal hydration. But, when you add just one sachet of X20 to that water, it provides improved hydration by allowing the water to be more easily absorbed by your body. In addition, X20 delivers vital electrolytes into your water that improve your overall hydration at the cellular level.

**2. X20 provides ionic trace minerals which support healthy weight management.** Ensuring that your body gets the optimal level of minerals it needs is a vital component to not only being healthy but also to optimize your weight loss goals. This is because minerals play a key role in important bodily functions that relate to your metabolism.

Minerals have a direct effect on appetite control, blood sugar balance, food cravings, adrenal and thyroid hormone functions, and the use of fat for energy in your body. X20 sachets contain an all-natural mineral complex that releases beneficial trace minerals into the water which can be easily absorbed and used to support your body’s metabolic functions.

**3. X20 gives your water a healthy alkaline boost which helps burn fat.** If you want to shed excess body fat with less effort it is important to maintain a healthy pH balance in the body. This is the “hidden secret” to continual fat loss and the perfect reason to drink X20 every day.

